## For distribution to EMHC via e-mail

Please note that the practice of intinction, whereby the communicant receives the Body of Christ (as a host) from an ordinary minister of the Eucharist (a priest or deacon) dipped into the Blood of Christ from a chalice held by a separate minister standing next to the ordinary minister, is not the custom in the United States.

## **References available**

The practice of self-intinction, whereby the Body of Christ (as a host) is dipped by the communicant after reception in the hand into the Precious Blood held by another minister separate from the first, is not allowed at all in the Latin Rite

## **References available**

If a communicant approaches you while you are holding a chalice containing the Precious Blood and attempts to practice self-intinction please place you hand over the chalice and gently withdraw your hands (and the chalice) from that person or gently shake your head and say 'that is not allowed'.

Please remember that the host should be fully consumed before the communicant receives the Precious Blood.