

October

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>9/30</p> <p>Chicken Ramen Noodles Fried Rice, Fortune Cookie</p> <p>Υ: Veggie Egg Rolls with Fried Rice MS: Pork Egg Rolls with Fried Rice</p>	 <p>10/1</p> <p>Cheese Ravioli Garlic Bread* and Vegetable</p> <p>Υ: Saucy Pasta with Black Beans MS: Chicken Alfredo</p>	 <p>10/2</p> <p>Chicken Tenders and Hash Brown and Vegetable St. B's Treat</p> <p>Υ: Veggie Chicken Tenders MS: Southwest Chicken Salad</p>	<p>10/3</p> <p>Corn Dog with French Fries and St. B's Treat</p>  <p>Υ: Veggie Corn Dog MS: 2 Corn Dogs and Fries</p>	<p>10/4</p> <p>Pancakes and Sausage, Hashbrown</p>  <p>Υ: Sunny Apple Wrap MS: Breakfast Burrito</p>
 <p>10/7</p> <p>Chicken Nuggets and Tator Tots</p> <p>Υ: Veggie "Chicken" Nuggets MS: Crispy Chicken Wrap</p>	<p>10/8</p> <p>Soft Taco or Hard Shell Taco Mexican Rice* St. B's Treat*</p>  <p>Υ: Blk Bean Rice Bowl MS: Chicken Fajitas</p>	<p>10/9</p> <p>Spaghetti Day! Spaghetti, Sauce & meatballs Garlic Bread*</p>  <p>Υ: Saucy Pasta with Blk Beans MS: Chicken Parmesan</p>	<p>10/10</p> <p>Hamburger or Cheeseburger with Bun Deluxe Toppings* French Fries</p>  <p>Υ: Veggie Burger MS: Bacon Cheeseburger with Bun</p>	<p>10/11</p> <p>Macaroni and Cheese Hot Vegetable* and Garlic Toast</p>  <p>Υ: Noodles and Black Beans MS: Fettuccine Alfredo</p>
<p>10/14</p> <p><u>No School</u> <u>Professional Development Day</u></p>	<p>10/15</p> <p>BBQ Picnic Day BBQ Pulled Pork on a Bun or Hot Dog on a bun Chips</p>  <p>Υ: Veggie Hot Dog MS: 2 Hot Dogs with Buns</p>	<p>10/16</p> <p>Popcorn Chicken Mashed Potatoes</p>  <p>Υ: Veggie "Chicken" Nuggets MS: Popcorn Chicken Bowl</p>	<p>10/17</p> <p>French Toast Sticks Sausage Hash Browns</p>  <p>Υ: Sunny Apple Wrap MS: Biscuits and Gravy</p>	<p>10/18</p> <p>Pizza! Pizza! Cheese Pizza or Pepperoni Pizza Frozen Treat*</p>  <p>Υ: Cheese Pizza MS: Meat Lovers Pizza</p>
<p>10/21</p> <p>Chicken Sandwich with bun Deluxe toppings (including mayo) Buttered Noodles*</p>  <p>Υ: Veggie Chicken Sandwich MS: Chicken Stir Fry</p>	<p>10/22</p> <p>Cheese Quesadilla Mexican Rice* St. B's Treat*</p>  <p>Υ: Blk Bean Rice Bowl MS: Chicken Quesadilla</p>	<p>10/23</p> <p>Swedish Meatballs and Mashed Potato Hot Vegetable</p>  <p>Υ: Baked Potato MS: Meatball Sub</p>	<p>10/24</p> <p>Waffles, Canadian Bacon, Hash Browns</p>  <p>Υ: Baked Potato MS: Egg Muffin Sandwich</p>	<p>10/25</p> <p><u>No School</u> <u>Parent/Teacher</u> <u>Conferences</u></p>
 <p>10/28</p> <p>Chicken Ramen Noodles Fried Rice, Fortune Cookie</p> <p>Υ: Veggie Egg Rolls with Fried Rice MS: Pork Egg Rolls with Fried Rice</p>	<p>10/29</p> <p>Tomato Soup with Grilled Cheese Sandwich</p>  <p>Υ: Grilled Cheese Sandwich MS: Cheddar Broccoli Soup w/ Sandwich</p>	<p>10/30</p> <p>Cheese or Pepperoni Bosco Sticks Marinara Sauce St. B's Treat</p>  <p>Υ: Baked Potato MS: Two Pretzels and Cheese Cup</p> 	<p>10/31</p> <p>Hot Dog on Bun with Chips and a Hot Vegetable</p>  <p>Υ: Veggie Hot Dog MS: 2 Hot Dogs on Bun</p>	<p>11/1</p> <p>Nacho Day!! Nachos or Soft Taco with all the Fixings</p>  <p>Υ: 2 Bean Burrito MS: Mexican Baked Potato</p>

This institution is an equal opportunity provider.

Alternate Meals Available Daily:

- #1: Perfect Parfait
- #2: Pizza Lunchable

- Wowbutter Sandwich
(with or without jelly)
- Ham Deli or Wrap
(with or without cheese)
- Turkey Deli or Wrap
(with or without cheese)
- Salami Deli or Wrap

Hot lunch includes the salad bar and milk.

Lunch: \$4.50

A la Carte:
Milk (Chocolate or White): \$1.00
Extra Entrée: \$1.50

Morning Snack Cart \$2.00 (3 items)
Afternoon Snack Cart \$1.00 (2 items)

Please Note:
Extra entrée for 4th grade and up only.
Υ = Very Veggie - All grades
MS = Option for 5th and up
* = served to all lunches ordered

Gluten Free items available.
Please contact Corie VanSumeren for more
information. 989-835-7121 x 64

