

# October

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10/2</p> <p><b>No School</b> <b>Professional Development Day</b></p>	<p>10/3</p> <p> Cheese Ravioli Garlic Bread* and Vegetable</p> <p>Υ: Saucy Pasta with Black Beans MS: Chicken Alfredo</p>	<p>10/4</p> <p> Chicken Tenders and Hash Brown and Vegetable St. B's Treat</p> <p>Υ: Veggie Chicken Tenders MS: Southwest Chicken Salad</p>	<p>10/5</p> <p>Corn Dog with French Fries and St. B's Treat</p> <p>Υ: Veggie Corn Dog  MS: 2 Corn Dogs and Fries</p>	<p>10/6</p> <p>Pancakes and Sausage, Hashbrown</p> <p>Υ: Sunny Apple Wrap  MS: Breakfast Burrito</p>
<p>10/9</p> <p> Chicken Nuggets and Tator Tots</p> <p>Υ: Veggie "Chicken" Nuggets MS: Crispy Chicken Wrap</p>	<p>10/10</p> <p>Soft Taco or Hard Shell Taco Mexican Rice* St. B's Treat*</p> <p>Υ: Blk Bean Rice Bowl  MS: Chicken Fajitas</p>	<p>10/11</p> <p><b>Spaghetti Day!</b> Spaghetti, Sauce &amp; meatballs Garlic Bread*</p> <p>Υ: Saucy Pasta with Blk Beans MS: Grinder</p>	<p>10/12</p> <p>Hamburger or Cheeseburger with Bun Deluxe Toppings* French Fries</p> <p>Υ: Veggie Burger  MS: Double Cheeseburger with Bun</p>	<p>10/13</p> <p>Macaroni and Cheese Hot Vegetable* and Garlic Toast </p> <p>Υ: Hummas and Vegetables MS: Fettuccine Alfredo</p>
<p>10/16</p> <p>Cheese or Pepperoni Bosco Sticks Marinara Sauce St. B's Treat</p> <p>Υ: Baked Potato  MS: Two Pretzels and Cheese Cup</p>	<p>10/17</p> <p><b>BBQ Picnic Day</b>  BBQ Pulled Pork on a Bun or Hot Dog on a bun Chips</p> <p>Υ: Veggie Hot Dog MS: 2 Hot Dogs with Buns</p>	<p>10/18</p> <p> Popcorn Chicken Mashed Potatoes</p> <p>Υ: Veggie "Chicken" Nuggets MS: Popcorn Chicken Bowl</p>	<p>10/19</p> <p> French Toast Sticks Sausage Hash Brown Triangle</p> <p>Υ: Sunny Apple Wrap MS: Biscuits and Gravy</p>	<p>10/20</p> <p><b>Pizza! Pizza!</b>  Cheese Pizza or Pepperoni Pizza Frozen Treat*</p> <p>Υ: Cheese Pizza MS: BBQ Chicken Pizza</p>
<p>10/23</p> <p>Chicken Sandwich with bun Deluxe toppings (including mayo) Buttered Noodles*</p> <p>Υ: Veggie Chicken Sandwich MS: Chicken Stir Fry</p>	<p>10/24</p> <p>Cheese Quesadilla Mexican Rice* St. B's Treat*</p> <p>Υ: Blk Bean Rice Bowl  MS: Chicken Quesadilla</p>	<p>10/25</p> <p>Swedish Meatballs and Mashed Potato Hot Vegetable</p> <p>Υ: Baked Potato  MS: Meatball Sub</p>	<p>10/26</p> <p><b>Half Day of School</b> <b>Dismissal at 11:30</b> <b>Parent/Teacher</b> <b>Conferences</b></p>	<p>10/27</p> <p><b>No School Today</b> <b>Parent/Teacher</b> <b>Conferences</b></p>
<p>10/30</p> <p>Home Made Chicken Noodle Soup Home Made Bread</p> <p>Υ: Baked Potato  MS: Potato Soup</p>	<p>10/31</p> <p> Tomato Soup with Grilled Cheese Sandwich </p> <p>Υ: Grilled Cheese Sandwich MS: Grilled Ham and Cheese Sandwich</p>			

This institution is an equal opportunity provider.

**Alternate Meals Available Daily:**

- #1: Perfect Parfait
- #2: Pizza Lunchable

- Wowbutter Sandwich  
(with or without jelly)
- Ham Deli or Wrap  
(with or without cheese)
- Turkey Deli or Wrap  
(with or without cheese)
- Salami Deli or Wrap

Hot lunch includes the salad bar and milk.

**Lunch: \$4.50**

A la Carte:  
Milk (Chocolate or White): \$1.00  
Extra Entrée: \$1.50

Morning Snack Cart \$2.00 (3 items)  
Afternoon Snack Cart \$1.00 (2 items)

Please Note:  
Extra entrée for 4<sup>th</sup> grade and up only.  
Υ = Very Veggie - All grades  
MS = Option for 5<sup>th</sup> and up  
\* = served to all lunches ordered

Gluten Free items available.  
Please contact Corie VanSumeren for more  
information. 989-835-7121 x 64



Happy  
  
Halloween