

## **Saint Brigid Catholic Schools Recess Rules:**

- **Pull-up/Monkey Bars:** No sitting, standing, or flips off of bars. One direction on the bars; no chasing, tag, jumping, or pushing others. No climbing or crossing on top of the monkey bars.
- **Slide:** Slide down feet first only; no running or crawling up the slide or across the slide. One person at a time.
- **Swings:** Sit on the swing, no standing or jumping off. No contact with balls while on the swing.
- **Tire Swing:** Maximum of 3 students at a time, no standing on swing.
- **Gaga Pit:** maximum of 4 students at a time in the pit. Observers should STAND OUTSIDE the pit.
- No throwing snow, dirt, wood chips, or rocks.
- **No pushing and pulling on bodies.**
- No toys from home - e.g. cars, dolls, hand-held video games or electronics of any kind.
- No playing or hanging out in the restrooms.
- Do not bring equipment from home.
- **Be a good sport. Everyone is welcome when playing games - NO closed games.**
- **Use kind words and actions. Always use appropriate language - NO name-calling, put-downs, threats and/or slurs.**
- **No football games are allowed-** throwing a football is acceptable.
- **Physical contact sports are not to be played.**
- Tag will be played on the grass or the wood chips.
- **Students may not enter the building without permission.**

- **Do not leave the fenced area**, notify an adult if a ball goes into the street or outside of the play area.
- Use equipment the way it was designed i.e. jump ropes for jumping only.
- To play in the snow, you must have snow pants and boots. If you have only boots, you may walk in the snow but not play in it. If you do not have boots, you must stay on the pavement.
- If you are having trouble working out a situation with another student, talk to the recess monitor before you talk to the principal or teacher. The recess monitors are there to help.
- Return all equipment to the Equipment Cart at the end of recess. DO NOT kick balls at the end of recess, never kick a ball indiscriminately into a crowd.
- Line up immediately when the whistle is blown.

### **Recess Consequences:**

- Warning
- Redirection
- Time out
- Referral to the office
  - This may result in written apologies, loss of recess time, family notification, in or out of school suspension