

October

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>10/4</p> <p>Chicken Nuggets and Tator Tots</p> <p>Υ: Veggie "Chicken" Nuggets MS: Crispy Chicken Wrap</p>	<p>10/5</p> <p>Soft Taco or Hard Shell Taco Mexican Rice* St. B's Treat*</p> <p>Υ: Blk Bean Rice Bowl MS: Chicken Fajitas</p>	<p>10/6</p> <p>Spaghetti Day! Spaghetti, Sauce & meatballs Garlic Bread*</p> <p>Υ: Saucy Pasta with Blk Beans MS: Meatball Sub</p>	<p>10/7</p> <p>Hamburger or Cheeseburger with Bun Deluxe Toppings* French Fries</p> <p>Υ: Veggie Burger MS: Double Cheeseburger with Bun</p>	<p>10/1</p> <p>Macaroni and Cheese Hot Vegetable* and Garlic Toast</p> <p>Υ: Hummas and Vegetables MS: Fettuccine Alfredo</p>
<p>10/11</p> <p>Cheese or Pepperoni Bosco Sticks Marinara Sauce St. B's Treat</p> <p>Υ: Baked Potato MS: Two Pretzels and Cheese Cup</p>	<p>10/12</p> <p>BBQ Picnic Day BBQ Pulled Pork on a Bun or Hot Dog on a bun Chips</p> <p>Υ: Veggie Hot Dog MS: 2 Hot Dogs with Buns</p>	<p>10/13</p> <p>Popcorn Chicken Mashed Potatoes</p> <p>Υ: Veggie "Chicken" Nuggets MS: Popcorn Chicken Bowl</p>	<p>10/14</p> <p>French Toast Sticks Sausage Hash Brown Triangle</p> <p>Υ: Sunny Apple Wrap MS: Sausage Egg Cheese Burrito</p>	<p>10/8</p> <p>3 Cheese Garlic French Bread Pizza or Cheese French Bread Pizza Hot Vegetable*</p> <p>Υ: Sunny Apple Wrap MS: Pepperoni Pizza</p>
<p>10/18</p> <p>Chicken Sandwich with bun Deluxe toppings (including mayo) Buttered Noodles*</p> <p>Υ: Veggie Chicken Sandwich MS: Chicken Stir Fry</p>	<p>10/19</p> <p>Cheese Quesadilla Mexican Rice* St. B's Treat*</p> <p>Υ: Blk Bean Rice Bowl MS: Chicken Quesadilla</p>	<p>10/20</p> <p>Swedish Meatballs and Mashed Potato Hot Vegetable</p> <p>Υ: Baked Potato MS: Meatball Sub</p>	<p>10/21</p> <p>Drumsticks with Mashed Potatos and Vegetable St. B's Treat*</p> <p>Υ: Veggie Chicken Tenders MS: Chicken Tender Wrap</p>	<p>10/15</p> <p>Pizza! Pizza! Cheese Pizza or Pepperoni Pizza Frozen Treat*</p> <p>Υ: Cheese Pizza MS: BBQ Chicken Pizza</p>
<p>10/25</p> <p>Sloppy Joes Tator Tots St. B's Treat</p> <p>Υ: Veggie Burger MS: 2 Sloppy Joes and Tator Tots</p>	<p>10/26</p> <p>Chili with Grilled Cheese Sandwich</p> <p>Υ: Grilled "Cheese" Sandwich MS: 2 Chili Cheese Dogs</p>	<p>10/27</p> <p>Corn Dog with French Fries and St. B's Treat</p> <p>Υ: Veggie Hot Dog MS: 2 Corn Dogs and Fries</p>	<p>10/28</p> <p>Chicken Tenders and Hash Brown Triangle and Vegetable St. B's Treat</p> <p>Υ: Veggie Chicken Tenders MS: Southwest Chicken Salad</p>	<p>10/22</p> <p>NACHO DAY! Nachos or Soft Taco with all the Fixings! Mexican Rice</p> <p>Υ: 2 Bean Burrito with Salsa Cup MS: Wet Burrito</p>
<p>10/29</p> <p>Cheese Ravioli Garlic Bread* and Vegetable</p> <p>Υ: Saucy Pasta with Black Beans MS: Chicken Alfredo</p>				

This institution is an equal opportunity provider.

Alternate Meals Available Daily:

- #1: Super Silk®
- #2: Perfect Parfait
- #3: Pizza Lunchable

- Wowbutter Sandwich (with or without jelly)
- Turkey Deli or Wrap (with or without cheese)
- Salami Deli or Wrap (with or without cheese)

Due to Covid-19 and current restrictions, the salad bar will not be available. We will have individual portions of fruit, small salads, cottage cheese, apple sauce & fresh vegetables and dip available for the students. Milk is also included. Lunch: \$3.00

A la Carte:
Milk (Flavored and unflavored): \$0.50
Yogurt or Go-Gurt: \$0.50
Extra Entrée: \$1.00

Please Note:
Extra entrée for 4th grade and up only.
Υ = Very Veggie (Vegan Option) - All grades
MS = Option for 6th and up
* = served to all lunches ordered

Gluten Free items available.
Please contact Corie VanSumeren for more information. 989-835-7121 x 64

