





October

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>10/1</p> <p>2 Chicken Tenders Chicken Flavored Rice*</p> <p>Υ: Baked Potato MS: 3 Chicken Tenders</p>	 <p>10/2</p> <p>Cheese or Pepperoni Bosco Sticks Marinara Sauce St. B's Treat*</p> <p>Υ: Saucy Pasta with Black Beans MS: 2 Pretzels and Cheese Cup</p>	 <p>10/3</p> <p>Beefy Mac Garlic Bread* and Vegetable</p> <p>Υ: Hummus and Vegetables MS: Sweet and Sour Chicken</p>	 <p>10/4</p> <p>French Toast Sticks (3) Sausage St. B's Treat*</p> <p>Υ: Sunny Apple Wrap MS: Sausage Egg Cheese Biscuit</p>	 <p>10/5</p> <p>Popcorn Chicken Mashed Potatoes</p> <p>Υ: Veggie "Chicken" Sandwich MS: Popcorn Chicken Bowl</p>
 <p>10/8</p> <p>Chicken Nuggets (5) and Hashbrown Triangle</p> <p>Υ: Veggie "Chicken" Nuggets MS: Crispy Chicken Wrap</p>	 <p>10/9</p> <p>Soft Taco or Hard Shell Taco Mexican Rice* St. B's Treat*</p> <p>Υ: Blk Bean Rice Bowl MS: Chicken Fajitas</p>	<p>10/10</p> <p>Spaghetti Day! Spaghetti, Sauce & 3 meatballs Garlic Bread*</p>  <p>Υ: Saucy Pasta with Blk Beans MS: Grinder</p>	 <p>10/11</p> <p>Hamburger or Cheeseburger with Bun Deluxe Toppings* Chips*</p> <p>Υ: Veggie Burger MS: Double Cheeseburger with Bun</p>	<p>10/12</p> <p>3 Cheese Garlic French Bread Pizza or Cheese French Bread Pizza Hot Vegetable*</p> <p>Υ: Sunny Apple Wrap MS: Pepperoni Pizza</p>
<p>10/15</p> <p>Three Cheese Mac and Cheese Garlic Bread Veggies</p>  <p>Υ: Blk Bean Rice Bowl MS: Chicken Ceasar Salad</p>	<p>10/16</p> <p>BBQ Picnic Day BBQ Pulled Pork on a Bun or Hot Dog on a bun Chips and St. B's Treat</p>  <p>Υ: Veggie Hot MS: 2 Hot Dogs with Buns</p>	<p>10/17</p> <p>NACHO DAY! Nachos or Soft Taco with all the Fixings!</p>  <p>Υ: 2 Bean Burrito with Salsa Cup MS: Mexican Baked Potato</p>	<p>10/18</p> <p>Mini Panckes & 2 Sausages St. B's Treat*</p>  <p>Υ: Sunny Apple Wrap MS: Bisquits & Gravy</p>	<p>10/19</p> <p>Pizza! Pizza! Cheese Pizza or Pepperoni Pizza Frozen Treat*</p>  <p>Υ: Baked Potato MS: BBQ Chicken Pizza</p>
<p>10/22</p> <p>Chicken Sandwich with bun Deluxe toppings (including mayo) Buttered Noodles*</p>  <p>Υ: Sunny Apple Wrap MS: Sweet and Sour Chicken</p>	<p>10/23</p> <p>Cheese Quesadilla Mexican Rice* St. B's Treat*</p>  <p>Υ: Blk Bean Rice Bowl MS: Chicken Quesadilla</p>	<p>10/24</p> <p>Spaghetti Day! Spaghetti, Sauce & 3 meatballs Garlic Bread*</p>  <p>Υ: Saucy Pasta with Blk Beans MS: Meatball Sub</p>	<p>10/25</p> <p>2 Drumsticks with Mashed Potatos and Vegetable St. B's Treat*</p>  <p>Υ: Baked Potato MS: Chicken Tender Wrap</p>	<p>10/26</p> <p>Hot Dog with Bun Chips* and Vegetables St. B's Treat*</p>  <p>Υ: Veggie Hot Dog MS: 2 Hot Dogs with Bun</p>
<p>10/29</p> <p>Sloppy Joe and Tator Tots St. B's Treat</p>  <p>Υ: Veggie Burger MS: 2 Sloppy Joes and Tator Tots</p>	<p>10/30</p> <p>Tomato Soup with Grilled Cheese Sandwich</p>  <p>Υ: Grilled "Cheese" Sandwich MS: Tomato Tortellini Soup</p>	<p>10/31</p> <p>Corn Dog with French Fries and St. B's Treat</p>  <p>Υ: Veggie Hot Dog MS: 2 Corn Dogs and Fries</p>		

This institution is an equal opportunity provider.

Alternate Meals Available Daily:

- #1: Super Silk®
- #2: Perfect Parfait
- #3: Pizza Lunchable

- Wowbutter Sandwich
(with or without jelly)
- Turkey Deli or Wrap
(with or without cheese)
- Salami Deli or Wrap
(with or without cheese)

Milk, Full fruit and veggie bar included with every meal

Lunch: \$2.75

- A la Carte:
- Milk (Flavored and unflavored): \$0.50
- Yogurt or Go-Gurt: \$0.50
- Extra Entrée: \$1.00

Please Note:
Extra entrée for 4th grade and up only.
Υ = Very Veggie (Vegan Option) – All grades
MS = Option for 6th and up
* = served to all lunches ordered

Gluten Free items available.
Please contact Corie VanSumeren for more information. 989-835-7121 x 64



Happy
Halloween

